

# 1 كشف الاختلافات في المشية بين الأشخاص الأصحاء والمبتوري الأطراف باستخدام تحليل المكونات 2 الأساسية والخرائط ذاتية التنظيم

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## 8 الملخص:

9 تقدم هذه الدراسة نهجاً لتحليل وكشف التباين في المشية بين الأفراد الأصحاء والمبتورين فوق الركبة

10 مع أطراف اصطناعية سفلية باستخدام تحليل المكونات الأساسية (PCA) وشبكة الخرائط ذاتية التنظيم (SOM).

11 تبدأ المنهجية باستخراج المكونات الأساسية لتغيرات الحركة الزاوية لكل من الورك والركبة والكاحل لالتقاط أنماط

12 الحركة الأكثر أهمية أثناء المشي على المستوى السهمي. ثم يتم استخدام هذه المكونات الأساسية أو الحركات

13 الأساسية كمدخلات لشبكة SOM. يمكن دور SOM في تصنيف البيانات وكشف الاختلاف بشكل آلي بين

14 الأشخاص الأصحاء والمبتورين بالاعتماد على العناصر الأساسية للحركة. من خلال نتائج تصنيف شبكة SOM

15 للمكونات الأساسية، أظهرت الدراسة إمكانية توظيف شبكة SOM في كشف وتحديد الاختلافات بين الأشخاص

16 الأصحاء ومبتوري الأطراف الذين يرتدون أطرافهم الاصطناعية، بما في ذلك أنماط بسط وقبض مفاصل الأطراف

17 السفلية الثلاث (الكاحل والركبة والورك). تشير النتائج إلى إمكانية توظيف طريقة تحليل العناصر الأساسية للمشية

18 مع تقنية SOM في بناء نظام تشخيصي يفيد في دعم القرار الطبي وتحديد الاختلاف في العناصر الأساسية

19 للحركة باستخدام الشبكات العصبونية. بالإضافة إلى إمكانية ذلك في تحسين تصميم الأطراف الاصطناعية وتصميم

20 برامج إعادة التأهيل لاستعادة آليات المشي الطبيعية لدى مبتوري الأطراف.

21 **الكلمات المفتاحية:** تحليل المشي، تحليل المكونات الأساسية (PCA)، الخرائط ذاتية التنظيم (SOM)،

22 مبتوري الأطراف، الأطراف الاصطناعية.

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# Detecting Differences in Gait Between Healthy individuals and Amputees Using Principal Component Analysis and Self-Organizing Maps

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**Abstract:** 39

This study presents an approach for analyzing and detecting variations in gait between healthy individuals and above-knee amputees with lower-limb prosthetics using principal component analysis (PCA) and self-organizing maps (SOM). The methodology begins with the extraction of principal components from the angular movements of the hip, knee, and ankle joints to capture the most significant movement patterns observed during walking in the sagittal plane. The SOM network then uses these principal components, or principal movements, as inputs. The role of the SOM is to classify the data and automatically discern differences between healthy individuals and amputees based on the principal movement elements. Through the classification results of the SOM network for the principal components, the study demonstrates the potential of using SOM to detect differences due to prosthetic limbs, including distinctive movement patterns in the extension and flexion patterns of the three lower extremity joints (ankle, knee, and hip). The findings suggest that employing the principal component analysis of gait with SOM technology can aid in constructing a diagnostic system that supports medical decision-making and uses the variance in principal movement elements for rapid identification through neural networks. Furthermore, this method could improve lower limb prosthetic design and rehabilitation programs to restore natural gait mechanisms in amputees. 40  
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**Keywords:** Gait analysis, Principal component analysis (PCA), Self-Organizing Maps (SOM), amputee gait, prosthesis. 57



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## 59 **1. Introduction:**

60 Human movement is a complex process  
61 coordinated by a motor system with an  
62 abundance of degrees of freedom, making it a  
63 central challenge in biomechanics and motor  
64 control research (Bernstein, 1967). Traditional  
65 approaches focus on single outcome variables  
66 like the Center of Mass or Center of Pressure  
67 (Quijoux et al., 2020; Mehdizadeh et al., 2021),  
68 but this has been criticized for oversimplifying  
69 the complexity of a multi-dimensional system  
70 (Federolf et al., 2021). Principal component  
71 analysis (PCA) has emerged as an alternative,  
72 allowing for the decomposition of high-  
73 dimensional movement data into principal  
74 components (PCs) that explain the system's  
75 variance (Troje, 2002; Federolf, 2012). PCA  
76 breaks down complex signals into PCs, each  
77 explaining a portion of variance. Studies often  
78 use body-segment markers to feed into PCA,  
79 creating high-dimensional inputs (Federolf et al.,  
80 2012; Ross et al., 2018). The first PC captures the  
81 largest variance, followed by subsequent PCs.  
82 Lower-ranked PCs often represent important  
83 movement strategies, such as postural control  
84 strategies in bipedal movements (Federolf et al.,  
85 2013b). In gait studies, a few principal  
86 movements (PMs) often explain most of the  
87 variance (Ó'Reilly, 2021; Promsri, 2022), with  
88 just two PMs covering over 90% of movement  
89 variance during treadmill walking (Federolf et  
90 al., 2012). PCA offers several advantages: it  
91 supports a non-reductionist view of  
92 biomechanical analysis, allowing for a more  
93 holistic understanding of movement (Federolf et  
94 al., 2021; Bolt et al., 2021). Furthermore, it is  
95 data-driven and minimizes investigator bias.  
96 However, a key limitation is that PCA studies are  
97 often confined to controlled environments,  
98 making it unclear if findings can generalize to  
99 field settings with wearable sensors. Differences  
100 in marker sets and measurement systems may  
101 affect PCA outcomes, but the extent of this  
102 impact remains unknown.

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104 In this study, we aim to utilize self-organizing  
105 maps (SOMs) to detect and visualize the most  
106 significant differences in gait between healthy  
107 individuals and amputees by clustering principal  
108 components of joint angles. The approach begins  
109 by calculating the PCs of the hip, knee, and ankle  
110 joint angles for both groups. These PCs reduce  
111 data complexity while preserving the most  
112 significant movement patterns. These principal  
113 components are then used as input to the SOM,  
114 which is particularly effective for clustering and  
115 visualizing high-dimensional data. By projecting  
116 this data onto a lower-dimensional grid, the SOM  
117 preserves the topological structure of the  
118 movement variability between the two groups.  
119 As an unsupervised learning method, the SOM  
120 clusters similar patterns based on the PCs.  
121 Significant differences in movement patterns  
122 between healthy individuals and amputees will  
123 result in distinct clusters on the SOM grid.  
124 Comparing the clusters formed by healthy  
125 individuals to those of amputees allows us to  
126 detect which principal components show the  
127 most divergence between the two groups. The  
128 SOM net highlights the PCs, or combinations of  
129 PCs, that differ the most between healthy and  
130 amputee subjects, providing insights into  
131 movement patterns and compensatory strategies  
132 used by amputees. This method will help identify  
133 the key movement clusters that differentiate the  
134 two groups based on the principal component  
135 analysis of joint angles.

## 136 **2. Material and Methods:**

### 137 **2.1. Data collection**

138 The biomechanics dataset by Hood et al. (2020)  
139 includes data from 18 individuals with unilateral  
140 above-knee amputations walking at various  
141 speeds, with subjects divided into K2 and K3  
142 groups based on their ability to comfortably walk  
143 at 0.8 m/s. The K2 group walked at speeds  
144 ranging from 0.4 to 0.8 m/s, while the K3 group  
145 walked at speeds between 0.6 and 1.4 m/s. Full-  
146 body biomechanics data was collected using a  
147 10-camera motion capture system and a fully  
148 instrumented treadmill. The dataset aims to help

149 clinicians understand the biomechanical  
150 demands of walking with a prosthesis at different  
151 speeds, provide researchers with insights into  
152 amputee gait deviations, and assist engineers in  
153 improving prosthesis design.

154 The complete dataset by Moreira et al. (2021)  
155 includes raw and processed data from 16 healthy  
156 participants walking on a flat surface at seven  
157 controlled speeds (1.0 to 4.0 km/h). The raw data  
158 comprises 3D joint trajectories of 24 markers,  
159 ground reaction forces, force plate moments,  
160 center of pressures, and EMG signals from  
161 selected muscles. Processed data includes gait  
162 cycle-normalized information, such as filtered  
163 EMG signals, 3D ground reaction forces, joint  
164 angles, and torques.

## 165 2.1. Methodology

166 In this study, we apply PCA and SOM to analyze  
167 and visualize differences in gait patterns between  
168 healthy individuals and amputees. The  
169 methodology involves several key components,  
170 which are described in detail below:

### 171 1. PCA:

172 The joint angles of the hip, knee, and ankle for  
173 both healthy and amputee groups are first  
174 processed through PCA. The latter reduces the  
175 dimensionality of the original gait data,  
176 transforming it into a set of orthogonal PCs that  
177 account for the maximum variance in the dataset.  
178 Mathematically, PCA computes the eigenvectors  
179 of the covariance matrix  $C$  of the joint angle data,  
180 where:

$$181 \quad C = \frac{1}{n} \sum_{i=1}^n (x_i - \mu)(x_i - \mu)^T \quad (1)$$

182 where  $x_i$  represents the joint angle data, and  $\mu$  is  
183 the mean of the dataset. The eigenvectors  
184 corresponding to the largest eigenvalues are  
185 selected as the principal components, capturing  
186 the most significant patterns of joint movement  
187 in a reduced form. These PCs are used to  
188 represent the primary modes of variability  
189 between the two groups, allowing for a simplified  
190 yet informative comparison of gait patterns.

## 191 2. Input to Self-Organizing Maps:

192 The principal components derived from PCA are  
193 used as input features for the SOM. SOMs are  
194 particularly effective at handling high-  
195 dimensional data and project it onto a lower-  
196 dimensional grid (typically 2D) while preserving  
197 the topological relationships within the data. The  
198 SOM algorithm maps each input vector  $x$ , which  
199 is represented by its PCs, to a specific node on  
200 the grid based on the similarity of the input data.  
201 Each node in the SOM is associated with a weight  
202 vector  $w$ , which is updated during training to  
203 match the input patterns. The update rule is given  
204 by:

$$205 \quad w(t+1) = w(t) + \alpha(t) \cdot h_{ci}(t) \cdot (x(t) - w(t))$$

(2)

207 where  $\alpha(t)$  is the learning rate, and  $h_{ci}(t)$  is the  
208 neighborhood function that ensures nearby nodes  
209 in the grid are updated similarly to maintain  
210 topological relationships. By using the PCs as  
211 input, the SOM clusters the gait data from healthy  
212 and amputee individuals based on underlying  
213 movement patterns.

## 214 3. Clustering for Differences:

215 As an unsupervised learning method, the SOM  
216 clusters the input data into distinct regions on the  
217 map. Each region represents similar patterns of  
218 movement, as captured by the PCs. If significant  
219 differences in gait exist between healthy  
220 individuals and amputees, their PCs will form  
221 distinct clusters on the SOM grid. The clusters  
222 representing healthy individuals can be spatially  
223 compared with those representing amputees,  
224 providing a clear visualization of which principal  
225 components—reflecting key aspects of gait  
226 variability—differ the most between the two  
227 groups.

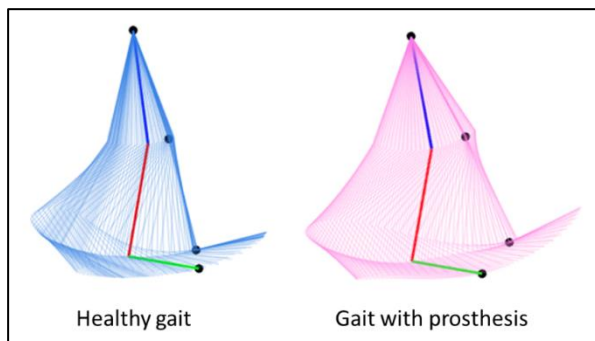
## 228 4. Visualization of SOM Clusters:

229 The resulting SOM grid provides a visual  
230 representation of the relationships between the  
231 PCs for both groups. Each point on the grid  
232 corresponds to a specific gait pattern, with

233 clusters of points indicating similar movement  
234 strategies. By examining the grid, we can observe  
235 which combinations of PCs lead to distinct  
236 movement behaviors in healthy individuals  
237 versus amputees. This visualization helps in  
238 identifying key differences, such as  
239 compensatory strategies used by amputees, and  
240 reveals the underlying biomechanical adaptations  
241 captured by the PCs.

### 242 3. Results and Discussion:

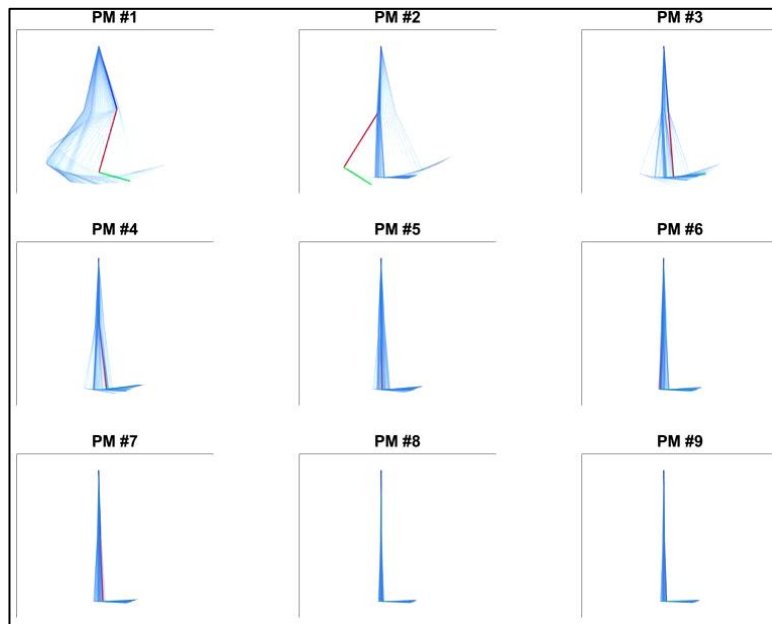
243 Starting with the difference in gait patterns  
244 between a healthy individual and an amputee  
245 with a prosthesis, Figure 1 reveals significant  
246 variations in joint trajectories. The healthy gait  
247 pattern on the left, shown in blue, exhibits  
248 smoother and more symmetrical movements,  
249 with a wider range of motion. In contrast, the  
250 amputee's gait on the right, depicted in pink,  
251 shows more constrained and asymmetric  
252 patterns, particularly in the hip and knee regions.  
253 The prosthetic gait demonstrates reduced flexion-  
254 extension, likely due to compensatory strategies  
255 for balancing and propulsion, indicating  
256 biomechanical adaptations necessary for the  
257 amputee's locomotion. These differences  
258 highlight the impact of the prosthesis on gait  
259 efficiency and coordination. All graphical data  
260 were produced using the first subject in both  
261 datasets.



262  
263 **Figure 1 – Gait patterns of healthy and amputated**  
264 **subjects.**

265 The PMs of a healthy gait, derived through PCA,  
266 are illustrated in Figure 2. Each panel represents  
267 a different principal movement, ordered by the  
268 amount of variance explained in the gait data.  
269 PM1 captures the most significant variance,  
270 depicting overall gait dynamics involving major  
271 limb movements. Subsequent PMs (PM2 through  
272 PM9) show progressively smaller contributions  
273 to the total variance, focusing on finer gait  
274 details, such as minor adjustments in joint angles.  
275 These principal movements collectively offer a  
276 reduced-dimensional view of the gait cycle,  
277 highlighting how the most critical elements of  
278 motion can be simplified and understood through  
279 PCA. As the variance explained decreases with  
280 each PM, the movements depicted become more  
281 subtle, focusing on specific adjustments within  
282 the gait pattern that are less critical to overall  
283 movement but still important in the  
284 comprehensive biomechanical analysis.

285 The PMs of an amputee's gait with a prosthesis  
286 derived through PCA are illustrated in Figure 3.  
287 Similar to the analysis of healthy gait, each panel  
288 represents a principal movement, ordered by the  
289 variance explained. PM1, which captures the  
290 largest portion of variance, shows more  
291 constrained and asymmetric movements  
292 compared to a healthy gait, particularly in the  
293 range of motion of the prosthetic limb.  
294 Subsequent PMs (PM2 through PM9) reveal  
295 smaller and more localized patterns of  
296 movement. These movements are characterized  
297 by compensatory strategies due to the prosthesis,  
298 such as reduced joint flexibility and altered  
299 postural adjustments. The decomposition of the  
300 gait into principal components highlights how the  
301 prosthetic limb impacts overall movement, with  
302 the lower-ranked PMs indicating subtle  
303 biomechanical differences that contribute to the  
304 overall gait adaptation.

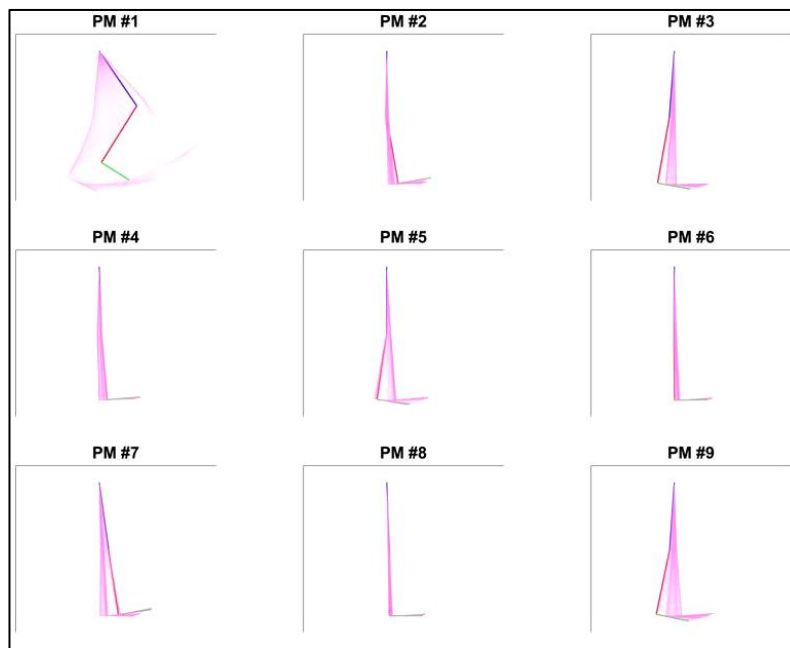


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**Figure 2 - PMs of healthy gait derived using PCA. Each panel (PM1 to PM9) represents a principal movement, ordered by the amount of variance explained.**



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**Figure 3 - PMs of an amputee's gait with a prosthesis.**

310 In Table 1, we address the outcomes of a SOM  
 311 analysis applied to the PCs derived from gait data  
 312 of healthy individuals and amputees. The  
 313 principal components, ranked by the percentage  
 314 of variance they explain in the dataset, highlight  
 315 key differences in movement patterns between  
 316 the two groups. These differences are visualized

317 through the SOM grid, which clusters movement  
 318 patterns based on the PCs. For PC1, which  
 319 explains 40% of the variance, the healthy  
 320 individuals exhibit smooth, coordinated anterior-  
 321 posterior leg and arm swings. In contrast, the  
 322 amputee subjects show reduced swing and  
 323 asymmetric leg movements. The SOM grid

324 reflects these differences through a larger spread  
 325 of clusters for amputees, indicating greater  
 326 variability in their compensatory strategies. This

327 suggests that the prosthesis significantly alters  
 328 their overall gait mechanics.

**Table 1. Table: SOM outcomes comparing principal components of gait between healthy and amputee subjects, highlighting key movement clusters and differences in the SOM grid.**

PM	Variance Explained (%)	Key Movement Cluster (Healthy)	PM Cluster (Amputee)	Notable Differences (SOM Grid)
PM1	40%	Smooth anterior-posterior leg and arm swing	Reduced swing, asymmetric leg movements	Larger spread in SOM cluster for amputees, indicating greater variability in compensatory strategies
PM2	20%	Hip and knee flexion-extension in sync	Limited hip flexion, exaggerated knee flexion	Distinct clusters in SOM showing altered coordination patterns for prosthetic leg
PM3	15%	Balanced body posture with minimal adjustments	Shifts in trunk posture, compensating for prosthesis	Clustering shows increased postural adjustments in amputees, especially during stance phase
PM4	10%	Stable ankle dorsiflexion during swing phase	Reduced dorsiflexion, compensatory foot movement	Amputee SOM cluster exhibits more variability in foot positioning
PM5	7%	Coordinated arm movement during stride	Less coordinated arm movement, asymmetry	SOM clusters highlight decreased upper-body movement coordination in amputee subjects
PM6	5%	Minor adjustments in knee rotation	Increased knee rotation, compensatory torque	More dispersed SOM clusters for amputees, indicating irregular knee rotation patterns
PM7	3%	Fine adjustments in ankle inversion/eversion	Restricted inversion, altered foot angle	Amputee clusters show constrained foot adjustments, highlighting limited flexibility

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332 PC2, explaining 20% of the variance, shows that  
 333 healthy subjects have synchronized hip and knee  
 334 flexion-extension, whereas amputees display  
 335 limited hip flexion and exaggerated knee flexion.  
 336 This leads to distinct clusters in the SOM grid,  
 337 highlighting altered coordination patterns in  
 338 amputees, particularly affecting their prosthetic  
 339 leg. For PC3, which accounts for 15% of the  
 340 variance, healthy individuals maintain balanced  
 341 body posture with minimal adjustments, whereas  
 342 amputees exhibit changes in trunk posture as a  
 343 compensatory strategy for the prosthesis. This

344 results in increased postural adjustment clusters  
 345 in the SOM grid for amputees, particularly during  
 346 the stance phase of gait. PC4, contributing 10%  
 347 of the variance, demonstrates that healthy  
 348 subjects exhibit stable ankle dorsiflexion during  
 349 the swing phase. In contrast, amputees show  
 350 reduced dorsiflexion and compensatory foot  
 351 movements. The SOM clusters for amputees  
 352 show more variability in foot positioning,  
 353 indicating challenges in achieving the same  
 354 degree of stability and flexibility in their gait. For  
 355 PC5, with 7% variance explained, healthy

356 individuals exhibit coordinated arm movements  
357 during the stride, while amputees show less  
358 coordinated and more asymmetric arm  
359 movements. This is reflected in the SOM grid,  
360 where decreased upper-body coordination in  
361 amputees is highlighted by the distinct cluster  
362 formations. PC6, explaining 5% of the variance,  
363 captures minor adjustments in knee rotation in  
364 healthy individuals, while amputees display  
365 increased knee rotation, likely as a compensatory  
366 response. The SOM grid shows more dispersed  
367 clusters for amputees, reflecting irregular knee  
368 rotation patterns that could contribute to altered  
369 gait dynamics.

370 Finally, PC7, accounting for 3% of the variance,  
371 shows that healthy subjects make fine  
372 adjustments in ankle inversion and eversion. In  
373 contrast, amputees exhibit restricted inversion  
374 and altered foot angles, with the SOM grid  
375 showing constrained foot adjustments. This  
376 highlights the limited flexibility in the amputees'  
377 gait, likely due to the prosthesis. These findings  
378 have significant implications for understanding  
379 amputee biomechanical adaptations. The SOM  
380 analysis effectively clusters the principal  
381 movements that differ between healthy and  
382 amputee subjects, providing insight into  
383 compensatory strategies used by amputees.  
384 These differences, particularly in PCs related to  
385 overall movement coordination and stability,  
386 highlight the challenges amputees face in  
387 replicating natural gait patterns, shedding light on  
388 areas for potential improvement in prosthetic  
389 design and rehabilitation strategies.

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